

TERRA FRESCA

Offerings

Week of May 14, 2012

A Nice Little Mixed Green Salad 4.25

Organic Mixed Greens with choice of Dressing

Featured Sides 4.25

*Sweet Potato Fries with Mango Ketchup,
Steak Fries with Tomato Ketchup*

Soup of the Day

*White Chicken Chili Beans and Cilantro OR
Mediterranean Grilled Eggplant (Vegetarian)*

Bowl of Soup and a Nice Little Green Salad Combo 7.50

Pork Chop My Way -

Center cut boneless pork chop with spicy bell pepper, pepperoncini and tomato sauce - 9.75

Poached Salmon -

Poached salmon fillet with rice pilaf, seasonal sauté greens, garlic and shallots- 12.75

Artichoke Pizza Pie-

Creamy Monterey Jack "Alfredo Sauce" with tender artichoke hearts - 10.25 (Vegetarian)

Classic Caesar Salad

Crisp hearts of romaine with house made croutons, Caesar dressing, anchovies and shredded parmesan - 7.95

The Greek Salad* (vegetarian)

Chopped Romaine with marinated artichoke hearts, cucumbers, and hearts of palm, tossed with a tzatziki cream dressing, garnished with kalamata olives, roasted red peppers, and feta cheese - 7.95

**Add chicken or tofu to a salad for an additional \$3.50. Sustainable seafood for \$4.75.*

B.L.A.S.T.

Traditional BLT with peppered bacon, smoked turkey, avocado, tomato, leaf lettuce and mayo on toasted multi grain bread 9.25

Grilled Chicken Club

Grilled chicken with thick cut bacon, provolone, tomato, leaf lettuce, chipotle ranch dressing on a toasted Kaiser roll 9.50

Half Pound Kobe Beef Burger

8 oz. Kobe beef patty on a toasted Kaiser roll with leaf lettuce, sliced onion, tomato and pickle 10.25

Malibu Vegan Burger

All organic Vegan Patty with Mango ketchup leaf lettuce sliced onion, tomato and pickle 9.25

Sandwich and Burger add-ons: grilled onions, mushrooms, cheddar, point Reyes bleu, jack, provolone or Swiss cheese .75 ea.

Add peppered bacon or avocado 1.75 ea.

All Sandwiches served with choice of featured side OR substitute "a nice little green salad" or cup of soup for \$1.95

Soft Drinks

*Pepsi, Diet Pepsi, Sierra Mist, Dr. Pepper, Mt. Dew,
Orange Crush, Mug Rootbeer, Gatorade Fruit Punch,
Fresh Brewed Iced Tea, Lemonade 1.50
Italian Style Soda 2.50*

Sweets

Tiramisu, Cheesecake, Hand Scooped Ice Cream Sundae 4.25

From the Coffee Bar

<i>Coffee</i>	<i>1.65</i>	<i>Espresso</i>	<i>1.85</i>
<i>Americano</i>	<i>1.95</i>	<i>Iced Coffee</i>	<i>2.25</i>
<i>Hot Chocolate</i>	<i>2.75</i>	<i>Chai</i>	<i>2.75</i>
<i>Cappuccino</i>	<i>3.00</i>	<i>Latte</i>	<i>3.00</i>
<i>Breve</i>	<i>3.25</i>	<i>Mocha</i>	<i>3.50</i>

*All coffee drinks single shot. .50 for each additional shot
Sub soy milk: .50; Flavorings: .50*

Fresh. Organic. Healthy. Here you'll find all the best flavors of the Earth cultivated by trusted local growers and transformed into a menu of tastes that will tempt your palate